HOLISTIQUE MEDICAL CENTER · BELLEVUE, WA

Hydration and Energy with IV Therapy in Bellevue

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Boost Your Hydration and Energy This Summer with IV Therapy

With the summer heat upon us, it's essential to consider extra hydration and support for your body. Therefore, one of the most effective ways to re-hydrate and stay energized is through intravenous (IV) therapy.

What is IV Therapy?

IV therapy infuses vitamins, minerals, and liquids directly into a vein. The beauty of IV therapy is that it bypasses the gastrointestinal system and doesn't rely on one's ability to absorb the nutrients. Consequently, this provides more efficient absorption compared to oral supplements.

Benefits of IV Therapy

The benefits of drip therapy are numerous. For instance, in addition to supporting hydration, IV therapy increases energy levels, boosts the immune system, and enhances recovery post-surgery or illness. While it doesn't cure illness, it supports the body's natural healing ability and can replenish deficiencies in common vitamins and electrolytes that many of us may have.

How Does it Work?

A healthcare provider prepares a blend of vitamins and minerals to be administered through IV therapy. The infusions usually take between 30-60 minutes. Specific protocols ensures that the mix of nutrients is safe to administer and beneficial for the individual. Furthermore, our clinic goes above and beyond by compounding every infusion cocktail by hand in a certified clean room. This protocol ensures the

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highest safety standards. While they are safe when administered by qualified healthcare professionals, potential risks include allergic reactions, infection, vein irritation, and nutrient imbalance. However, proper infusion preparation and administration techniques minimize these risks.

Highlighted Formula: Jet Setter

One of my top recommendations is the **Jet Setter** formula. This formula provides a good amount of electrolytes and B-vitamin support. It has a higher dose of zinc that helps support the immune system and heal the skin and gut.This, in turn, helps assimilate and absorb nutrients from the diet better. It's a good one to start with.

Key Nutrients: Magnesium + Zinc + B-Complex + Vitamin C (Ascorbic acid non-corn, plant-based)

Why Choose IV Therapy?

Choosing IV therapy can be a game-changer for your health and wellness routine. It is an efficient and effective way to deliver essential nutrients directly into your bloodstream. This ensures maximum absorption and immediate benefits. Whether you're battling dehydration, low energy levels, or recovering from an illness, IV infusions can provide the support your body needs to thrive.

By incorporating IVs into your wellness regimen, you can experience enhanced hydration and improved nutrient absorption. With the help of our expert team and specially formulated IV drips like the Jet Setter, you can feel your best all summer long.

The variety of nutrients that can be infused includes calcium, magnesium, various B-vitamins, vitamin C, amino acids, glutathione, and many more. While many nutrients are safe to administer, a visit with a provider is required for some nutrients to evaluate necessity and safety for the individual patient.

Schedule Your Session Today

Don't wait until you're feeling depleted and exhausted. Proactively support your health and wellness with IV therapy. Take a look at our IV therapy menu, and text us today to schedule your session and discover the benefits for yourself. With our personalized approach and expert care, you'll be well on your way to optimal hydration and energy this summer.

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